

# Hawai'i Volcanoes National Park Safety Guide

## Before You Enter the Park

- Check current road and park conditions online
- Verify weather, vog, and volcanic activity alerts
- Carry water, snacks, sunscreen, and proper footwear
- Make sure your vehicle has fuel and is in good working order
- Download offline maps; cell service may be limited

## Air Quality & Health Considerations

- Volcanic gases (vog) may affect breathing — visitors with respiratory issues should exercise caution
- Wear a mask if advised by local authorities during high vog or ash events
- Limit strenuous activity in poor air conditions

## Safety on Trails & Roads

- Stay on marked trails; lava rock and unstable terrain can be hazardous
- Keep a safe distance from active lava flows, steam vents, and cliffs
- Watch for sudden weather changes, rain, and fog
- Use headlights when driving at dawn, dusk

## Emergency & Assistance

- Emergency (Police, Fire, Medical): 911

- Park Information / Rangers: 808-985-6000
- Roadside assistance via your insurer or auto club

*Note: Cell service is limited in many park areas. Stay with your vehicle when safe and conserve battery power.*

## **If Something Feels Wrong**

- Turn back if conditions are unsafe
- Slow down on park roads and in limited visibility
- Follow ranger instructions immediately

Calm guidance for real Hawai'i travel — [BigIslandCopilot.com](http://BigIslandCopilot.com)

*This guide is for general guidance only and does not replace official park advisories or emergency services.*